



The Heart Beat



Principal:
Vice-Principal:
School Council
Co- Chair:

Mr. M. Kuntz
Mrs. L. Fischer

Mrs. J. Dally &
Mr. W. Poechman
Mr. G. Casey

Superintendent:

Sacred Heart High School
450 Robinson Street, Box 1480
Walkerton, Ontario N0G 2V0

Director of Education: B. MacPherson
Trustees: D. Slosser
B. Eckensweiler
S. Finnie
F. Gross

APRIL 2009

SPRING

CATHOLIC EDUCATION WEEK DINNER

The Bruce Grey Catholic District School Board is once again hosting a board-wide dinner in support of Catholic Education on Tuesday May 5th at the Knights of Columbus Hall in Walkerton. The dinner begins at 6:30 p.m. followed by a keynote address. The speaker at this years event is Gregory McNally. The theme for the event is "Celebrating Catholic Education - Good News For All".

Tickets for this event are available for \$15. For more information or tickets contact the school. (The deadline to purchase tickets is April 16th.)

Chaplain's Corner

April is upon us and Holy week is around the corner. In one of the Lenten reflection books Fr. Ron Rolheiser writes that the secret of prayer is to make ourselves present to God because God is always there for us. During the celebration of the Triduum this year let's try and make ourselves present...

At the Holy Thursday celebration let's be open to what it means to have Jesus inside of us...

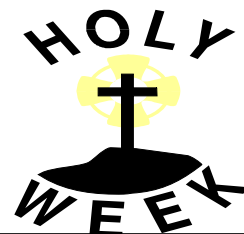
On Good Friday let's remember how much we are loved...

On Holy Saturday let's remember how important it is to wait for those whom we love...

Sunday let's realize again that the good is always possible after it seems impossible.

Happy Easter!

Mr. Peter King



Prayer for Easter



O God we want to be true
Easter people
sensitive to the wounds of our
world and ourselves
but not pulled down by these
wounds.

Help us to celebrate and live out of hope and healing
whatever that may involve for us here, today.

Amen

MID-TERM REPORT CARDS

Mid-term report cards will be sent home with students on Tuesday April 28th. If you have any concerns regarding your child's progress, please contact your child's classroom teacher.

PD DAY

A reminder that Friday April 24th is a PD Day.
There will be no school for students on that day.

EARLY DISMISSAL DAY

A reminder that Wednesday May 6th is the next and final Early Dismissal Day for the current school year. Students will be dismissed at 1:19 p.m.

Period 1	9:15 - 10:00
Period 2	10:07 - 10:52
Period 4	10:59 - 11:44
Lunch	11:44 - 12:34
Period 5	12:34 - 1:19

Late Taxi/Bus Schedule 2009



Apr. 1,6,7,8,14,15,16,20,21,22,27,28,30
May 5,6,7,11,13,14,19,20,21,25,26,28
June 1,2,3,8,9,11,15

Telephone / Attendance: (519)881-1900 Fax: (519) 881-4819

Website: www.bgcdsb.org/~shhs Email: shhs@bgcdsb.org

Remembrance Day Contest Winner Advances to Provincials



Susan Sakal (Teacher Co-ordinator), Justine Reinhart, Sarah Johnson, Clayton Gutscher (Royal Canadian Legion President).

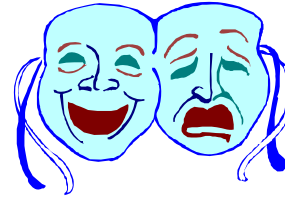
Sarah Johnson placed 1st at the district level for her Senior poem while Justin Reinhart place 2nd for his Intermediate essay. Sarah now advances to the Provincial level.

Roots of Bruce SHHS Students Volunteer April 7th & 8th

The Roots of Bruce being held at the Walkerton Agricultural buildings provides an interactive learning program for grades five and six students from Bruce County. Fourteen Sacred Heart High School students will aid the local commodity groups with their presentations to the elementary students. The commodity groups include farm safety, maple syrup, poultry, pumpkins, wood lot management, soils and crop, bees, and source water protection. Thank-you to the following students who are volunteering to assist with this event: Natasha Bolden, Angela Brick, Becca Feeney, Michelle Grubb, Bryce Lang, Rebecca LeMay, Brittany Leonard, Kristen Luinstra, Megan Osterndorff, Andrew Reinhart, Saskia Schotman, Jaclyn Seifried, Maddie Doerr and Jessica Tolmie.



Crusader Productions Presents ... “Done to Death”



Every year, the Sacred Heart High School Drama Department prepares and performs a wonderful production, and this year is no exception. **This spring Crusader Productions will be presenting the comic murder mystery “Done to Death” by Fred Carmichael.** Ingeniously packed into this plot is a parody of every mystery plot ever created! The story surrounds five mystery novel writers: Whit and Jess Olive, Rodney Duckton, Brad Benedict and Mildred Maxwell.

The first act opens with the Olives, Whit and Jess, entering the “Vulture’s Vault”, the scene of the T.V. series. This is when the audience comes to learn of the Olive’s sophisticated manner and lively humour. Shortly after, the audience is introduced to the remaining authors: the sharp, but friendly, Mildred Maxwell; the young and nervous, Brad Benedict; and the “aged” and classical writer, Rodney Duckton. As the authors begin to discuss and comment on each other’s writing style, Jason Summers, the man in charge, and his assistant, Claudia enter. He then informs the authors that they have been hired to come up with a new murder mystery series for the 1970 season. Naturally competitive, the five authors begin to showcase their writing styles by showing samples of their writing in a series of vignettes which include everything from a 1920s silent film horror flick, to a 1930s take off of an Old Chicago detective story and a futuristic sci-fi adventure, just to name a few. As the authors take the viewers through all generations of murder mystery, unfortunate events being to occur.

As the second act opens, the authors are taken to the real Vulture’s Vault, an old plantation house on a deserted Caribbean island, where a mysterious murder has just occurred. And of course, where one murder occurs, there’s bound to be more. Now the authors are forced to forget their rivalry and to work together to find out who has committed the crimes. The plot thickens, when the audience is introduced to more characters including a suspicious maid and an eerie “Dracula-like” butler. As the story unravels one is lead to wonder if will they ever find the murderer, or will it be too late for all concerned?

Join the cast of “Done to Death” and help solve this thrilling and entertaining mystery on May 20, 21, 22 and 23rd, 2009 at 7:30 p.m. at the Sacred Heart High School Auditorium. Ticket prices are \$15.00 for Adults, \$10.00 for students and seniors and \$5.00 for children 12 and under. Tickets go on sale beginning April 15, 2009 at the school’s main office. Call (519) 881-1900 for more information.

ATTENTION GR. 12 STUDENTS

GRADUATION INFORMATION MEETING

(Scholarships etc.)

WEDNESDAY, APRIL 8, 2009

SEMINAR ROOM

STUDENTS WILL BE CALLED IN 4 GROUPS DETERMINED ALPHABETICALLY

A - E 9:30 - 9:55 a.m.

F - L 10:00 - 10:25 a.m.

M - R 10:45 - 11:10 a.m.

S - Z 11:15 - 11:40 a.m.

Morning Co-op Students 1:00 - 1:25 p.m.

Full day Co-op students will receive their grad packages in the mail. Please contact Mrs. Mount at the guidance office if you have any questions.

SCHOLARSHIP INFORMATION

Graduating this year? Check out the following websites:

<http://www.scholarshipscanada.com>

<http://www.millenniumscholarships.ca>

<http://www.studentawards.com>

PLANNING A STUDENT'S SECONDARY SCHOOL PATHWAYS

In order to help students plan out the courses they will take over the course of their secondary school career, the school has access to software called "My Blueprint". This software allows students to pick secondary school courses and to see what impact this has on future career opportunities. As well, students are then able to see what kind of education, if any, is needed to pursue that career and, if appropriate, where the program is offered. Since this is an internet-based tool, parents and students can access it from home as well as school. For access, go to the website www.myblueprint.ca and enter the access code/activation key "sacredwalk" for Sacred Heart High School students.

SHHS Graduation Ceremony - Wednesday, June 24, 2009



Plans for the graduation ceremony are well under way. The ceremony will be held on Wednesday, June 24 at 7:00 p.m., in the Sacred Heart High School gymnasium. Students must confirm their intention to attend graduation by submitting their grad fee of \$40.00 at the guidance office, by April 30. This grad fee will help to defray the costs associated with our graduation ceremony.

Graduates must ensure that their documentation of 40 hours community service has been submitted at the main office by Tuesday, June 16 (the first day of exams). This documentation is a requirement for any student to receive an Ontario Secondary School Diploma. Other requirements include a minimum of 30 credits of which 18 are compulsory and the successful completion of the literacy requirement. Students who do not meet these requirements will not be eligible to receive their diploma.

On the evening of the graduation ceremony, the graduates are required to meet in the drama classroom at 6:15 p.m. The graduation ceremony will begin at 7:00 p.m. and will last approximately two hours. Graduates, family and friends are invited to enjoy refreshments in the school cafeteria following the ceremony.



Awards - Scholarships and Bursaries

Graduating students are eligible to apply for a variety of awards. Application forms will be available at the graduation information meeting and must be submitted at the guidance office by April 30, 2009.

Returning students who graduated in June 2008, but postponed their entry to post-secondary until September 2009 are now eligible to apply for awards. Application forms will be available in the guidance office following the April 8th graduation information meeting.

Telephone / Attendance: (519)881-1900 Fax: (519) 881-4819

Website: www.bgcdsb.org/~shhs Email: shhs@bgcdsb.org

STUDENT WORKSHOPS
COURSE DESCRIPTIONS



CAREER WORKSHOPS FOR SECONDARY SCHOOL STUDENTS

APPRENTICESHIP EXPLORATION

Explore the many career opportunities available in skilled trades. Learn the steps to becoming an apprentice.

RESUME WORKSHOP

RESUME LAB

Learn to do's and don'ts, what to include, how to research companies, suggested headings, samples included. Produce a quality resume with sample of powerful phrases, action verbs and skills descriptions.

COVER LETTERS

Learn do's and don'ts, the key components of a cover letter and how to organize the sentences in a logical format. Produce and quality cover letter, with samples of powerful phrases and action verbs to attract employers.

INTERVIEW WITH EASE

Learn how to answer typical questions, how to research companies, interview tips, your rights, and how to follow-up after the interview.

MOCK INTERVIEWS

Practice interview techniques in a risk free environment. Evaluation and tips on improvements will be provided.

CAREER EXPLORATION

Identify careers that match personal interests, work values, skills and work preferences. Research career choices & training options.

JOB SEARCH

Identify skills, understand the job market, prepare job search tools, determine methods for finding job, including job search tips.

HEALTH & SAFETY INFO. SESSION

Learn workplace health & safety issues, legal rights and responsibilities in the workplace

EMPLOYMENT STANDARDS ACT

Do you know your rights? Students explore wages, hours of work, vacation, discrimination and harassment.

WORK VALUES & REAL COST OF LIVING

Identify careers that match work values, explore the relationship between income and lifestyle, pay check deductions, living expenses, budgeting for one month and ways in which work choices may affect lifestyle.

CUSTOMER SERVICE

Learn the skills needed for customer service focusing on communication, listening and how to handle customer complaints.

This year SAC has issued a challenge to all homeroom classes during Lent. We would like you to do something extra during this time of spiritual growth and reflection. Each class is encouraged to devise a method of helping others. This can be accomplished in various ways. We have provided a list of examples.

- * Devise a list of rules and create a fine, not necessarily money. (ie. canned for food drive) for broken rules.)
- * As a class do something charitable for other people. (ie. visit a retirement home.)
- * Do something charitable for other classes. (ie. bake cookies.)
- * Raise money for Development and Peace Share Lent.
- * Collect food for the Food Bank.
- * Have students commit to doing good deeds and keep a running list.
- etc..

Call Michele Leibold to schedule a presentation/workshop at your school

Family Y Employment Resource Centre
 200 McNab Street
 Walkerton, ON N0G 2V0

Tel: (519) 881-4606 Fax: (519) 881-1053
 ercwalk@ymcaowensound.on.ca
 www.ymcaowensound.on.ca

SHHS Co-op Program



Mitch Batte - Auto mechanic at Shookies Mechanical, Walkerton.

**Driver Education Classes
 2008-2009**



Session # 5	Mar. 30 - May 4	Monday & Wednesday
	Mar. 30	10 - 2½ hr. sessions
	Apr. 1, 6, 8, 15, 20, 22, 27, 29	3:30 - 6 p.m.
	May 4	
Session # 6	May 9 - June 6	Saturday
	May 9, 23, 30	4 - 6 ¼ hr. sessions
	June 6	9 a.m. - 4 p.m.

See Mrs. MacDonald in the office for more information.



Jennifer Wagner - recreational support therapist at Brucelea Haven, Walkerton.

Thanks Employers for supporting our students.



DATES TO MARK ON YOUR CALENDAR

- April 2nd Literacy Test
- April 6th Dr. Duncan Assembly
- April 10th Good Friday
- April 12th Easter Sunday
- April 13th Easter Monday
- April 16th School Mass
- April 24th PA Day
- April 28th Report Cards sent home
- May 1st Doogie Cup - Rugby Tournament
- May 6th Early Dismissal Day
- May 9th Prom
- May 20th-23rd School Play
- May 29th -30th Relay for Life
- June 16 - 19 Exams
- June 24th Graduation - 7 p.m.

SKILLS CANADA RESULTS

Congratulations to Kyle Schnurr, Dan Mighton and Melanie Weiler who recently competed in the Grey-Bruce Skills Challenge on March 27th. Representatives from all 13 high schools in Grey-Bruce participated in the competition. Kyle, Dan and Melanie all qualified for the provincial competition later in April.

DENTAL TREATMENT PROGRAM



Public Health is expanding the CINOT (Children In Need Of Treatment) Program into secondary schools. Students up to 17 years of age can access free dental care. A dental hygienist will be at the school the 3rd Thursday of every month for appointments (the next dates at SHHS are April 16th and May 21st). Students wishing to have their teeth checked by the hygienist can book an appointment with Mrs. Stuempfle in our guidance office. Students requiring follow-up dental work will receive information on how to get the work done. The cost is covered by the CINOT program when the family is unable to afford it.



SHHS 2009 Robotics



Robototron 6.0

Last weekend the Sacred Heart robotics team competed in the greater Toronto regional Robotics Competition in Mississauga. The competition was intense, leaving you at the edge of your seat waiting to see what's going to happen next. This year there were 59 teams competing from all over North America. At the end of the day we ranked 45th, but it's not all about winning. It is that we worked together and had lots of fun. This year our robot was designed by the students, with huge support from our mentors. With that in mind we would like to thank our mentors for all of their help this season. *By Corey Moyer - Team Captain*

Team Members



- | | |
|---------------------|------------------|
| Matt Doerr | Jordan Hadwen |
| Matt Lehman | Corey Moyer |
| Joseph Finnie | Brandon Finnie |
| Jeremiah Dohms | Scott Markauskas |
| Bradley Grubb | Linda Murphy |
| Hayley Bell McLaren | Jess Bolden |
| Nikolette Schwartz | Daulton Bester |
| Joseph Moran | Roberta Lavalee |
| Amber Douel | Dominique Pilon |

Mentors

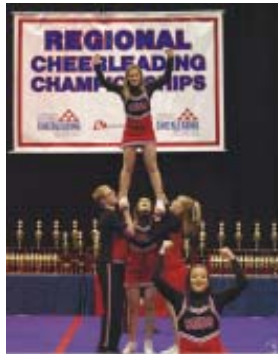


- Kevin Golem
- Larry Williams
- Ben Lehman
- John Markauskas
- Ray Schnerch

Go SHHS GO!

SHHS Cheerleading Team

SHHS Cheerleading team at the Regional, Hershey Centre in Mississauga. Provincials are set for April 18th and 19th.



Cheerleading Team

Kyle Steckley	Ashley Love
Kaela Steckley	Destiny Genereux
Courtney Hicks	Wendy Xie
Keelan Waechter	Shealagh Mallory
Kaitlyn Moran	Vanessa Huber
Sarah Burgess	Emily Mallett
Alisa Lieber	Cassie Davidson
Kate McDonald	Heather Reinhardt
Natalia Baldo	Emily Brown
Trevor Uitvlugt	Celina Brown
Kelsey Berberich	Shelby Collins
Kristen Luinstra	



BADMINTON

SHHS Badminton Teams

Junior Badminton Team

Coach: Mr. D. Gagnon

Dave Carroll	Heather Cummings
Alex Eckensweiler	Sam Eckert
Lori Eddyvean	Chris Gagnon
Steve Lang	Madeleine Popiez
Matt Schuett	Erika Weber
Jordan Wendorf	Wendy Xie
Diane Zettel	

Senior Badminton Team

Coaches: Mr. B. Hicks, Mrs. C. Kelly

Jake Detzler	Lauren Kelly
Justine Lennox	Joe Scharbach
Graham Soers	Hilory VonHatten Baer
Michael Wainscott	Chris Zettel

Congratulations to the Sacred Heart Badminton team who competed in the WDSS invitational badminton tournament. Over 70 games were played by our team. Special mention goes out to Madeleine Popiez and Heather Cummings who captured 2nd place in Junior girls' doubles, Jenelle Motz captured 4th place in Senior girls' and Wendy Xie and Chris Gagnon who captured 1st place in Junior Mixed doubles. Well done team!

Jr. South Qualifer	Wed. April 1 @ WDSS
Jr. BAA Finals	Wed. April 8 @ WDSS
Jr. CWOSSA	Wed. April 15 @ Conestoga College

Sr. South Qualifier	Thurs. Apr. 2 @ KDSS
Sr. BAA Finals	Thurs. Apr. 9 @ KDSS
Sr. CWOSSA	Thurs. April 16 @ Conestoga College

Dominican Republic Trip 2009



WOW! Words alone will never come close to the awesome experience we had in the Dominican Republic. All nineteen of us grew quite attached to the residents of Nuestros Pequeños Hermanos. We got to know the children through helping out with English, French and music classes at the school, singing parties at the “casas” (houses) and daily visits to various parts of the orphanage compound. SHHS students also assisted with painting murals and fixtures around the compound, mixing cement for clothesline installation, installing a swing set in a local “batay” (village) and holding a free garage-sale for clothing and shoes for all the residents and employees of the orphanage. The highlights of our trip were definitely times we spent with the children; taking them to the beach and out for pizza, playing soccer and baseball and organizing and participating in a games night. To be able to make a difference in a child’s life is a great and fulfilling reward. We pray that other students in future years can be a part of this unique and valuable adventure.



Chris Zettel, Mr. Peter King, Mrs. Joy King and Sister Marisol. Music instruments from our donations.

Track and Field Team

Coaches: Mr. Dunn, Mrs. Dunn, Mrs. Mount

The track and field team is preparing for the upcoming season of competition. Students from grade 9 to 12 will be competing in their corresponding divisions of Midget, Junior and Senior. Sign up and permission forms are available at the guidance office for any student interested in joining the team. The following is a list of the track and field meets:

- | | |
|--------------------------------------|---|
| Wed. May 6, 2009
(Afternoon only) | Good Times Meet
Saugeen District
Secondary School, Port Elgin |
| Wed. May 13, | Bluewater Athletic Assoc. Track
and Field Meet |
| Thurs. May 14, 2009 | Davidson Centre, Kincardine |

Only those team members with qualifying performances will attend the following meets:

- | | |
|---------------------|--|
| Wed. May 20, | C.W.O.S.S.A.
Track and Field Meet |
| Thurs. May 21, 2009 | Resurrection Catholic
Secondary School, Kitchener |
| Fri. May 29, | OFSAA West Regional Track
and Field Meet |
| Sat. May 30, 2009 | London |
| Thurs. June 4, | O.F.S.A.A. Championship Track
and Field Meet |
| Fri. June 5, | |
| Sat. June 6, 2009 | Toronto |