



The Heart Beat



Principal: Mr. G. Casey
Vice-Principal: Mrs. L. Fischer
School Council Chair: P. Golem

Sacred Heart High School
450 Robinson Street
Walkerton, Ontario N0G 2V0

Director of Education: B. MacPherson
Trustees: D. Slosser
B. Eckensweiler
S. Finnie
F. Gross

September 2007

Prayer for September

Lord, enlighten my mind,
that I may acquire knowledge.
Strengthen my memory,
that I may retain what I have learnt.
Govern my heart,
that I may always be eager and diligent in my
studies.
As another school year begins, keep this in
mind:
wisdom comes from God above,
but God expects you to use your own mind to
seek it.



Welcome Back!



We would like to extend a warm welcome to everyone at Sacred Heart High School for the 2007 - 2008 school year. We extend a special welcome to all new students and their families.

Sacred Heart has a long and proud tradition throughout Walkerton and region. Each day we are working towards our mission statement, "The Catholic community of Sacred Heart reinforces the role of family, school and church as one in nurturing the spiritual, academic, social, physical and emotional development of each person in our faith community; recognizing that commitment to learning, prayer, discipleship, service, respect for self and others and responsible citizenship are intrinsic to Gospel values." Our enrolment at Sacred Heart remains constant this year. We will have approximately 760 students.



As the year begins, we would like to welcome the new staff members to Sacred Heart.

Miss Nicole Batte - History
Mrs. Julianne Dunn - Physical Education/Religion/
Science

Miss Samantha George - Art
Miss Emma McInnes - Math
Tamara Goetz - Educational Assistant
Welcome back Mrs. Waechter - English/Business/
Careers & Civics

Welcome to our school community!

SHHS Late Bus 2007 - 2008

- * Sign up for the late bus before 2:00 pm each day
- * Choose the route of your destination
- * Get a late bus ticket from a Secretary in the main office
- * Listen to announcements to be informed if your route is running
- * Meet your bus or taxi at the front of the school at 5:10 pm - departure 5:15 pm
- * Hand ticket to bus or taxi going to your location
- * The bus or taxi will drop you off at the following locations:

Route 1	Route 2	Route 3	Route 4
Mildmay	Belmore	Dunkeld	Walkerton/Hanover Hwy.
Formosa	Clifford	Chepstow	Hanover
Greenock	Mt. Forest	Cargill	Allan Park
Riversdale		Pinkerton	Durham
Teeswater		Glamis	Ayton
Kinloss		Paisley	Neustadt
Kincardine		Chesley	Carlsruhe
		Elmwood	

Late Taxi/Bus Schedule 2007



Sept. 10, 11, 12, 17, 18, 20, 25, 26, 27
Oct. 1, 3, 4, 9, 10, 11, 15, 17, 18, 23, 24, 25, 29, 30
Nov. 1, 6, 7, 8, 12, 13, 14, 19, 20, 22, 26, 27, 29
Dec. 3, 4, 5, 11, 12, 13, 17, 19, 20

Telephone / Attendance: (519)881-1900 Fax: (519) 881-4819

Website: www.bgcdsb.org/~shhs Email: shhs@bgcdsb.org

Breakfast Club



Breakfast Club continues to be a popular spot for students, Tuesday, Wednesday and Thursday mornings. An average of sixty students come in to grab some juice and a bite to eat before classes begin. Many students are happy to have a place like breakfast club to go to after a long bus ride or early morning practise.

It is easy to see that this is a worthwhile program whether it is at the elementary or high school level. To keep this program running requires volunteers for less than an hour a week. We will be needing several new volunteers for this September so if you are interested, please leave your name at the school office. (519-881-1900)

Early Dismissal Days

Wednesday, October 31st, Wednesday, November 28th, Wednesday, February 27th, and Wednesday, April 30th are early dismissal days. Buses will leave at 1:30 in the afternoon. Below is the schedule for these days.

Period 1	9:15 - 10:00
Period 2	10:07 - 10:52
Period 4	10:59 - 11:44
Lunch	11:44 - 12:34
Period 5	12:34 - 1:19

COMING EVENTS

ARE YOU AN EARLY CHILDHOOD EDUCATION GRADUATE

Who is not working in the field?

Do you live in one of the following areas?

South Grey/Bruce, Central Grey/Bruce, Owen Sound, The Lakeshore or the Bruce Peninsula.

The Child Care Centres of Grey/Bruce are establishing a list of Early Childhood Educators for a supply staff list for the region and we need your help.

An information session will be held on Thursday Sept. 27, 2007 from 6:30 until 8:30 pm at the Chesley Hospital.

Come for light refreshments and a chance to discuss how you can help us.

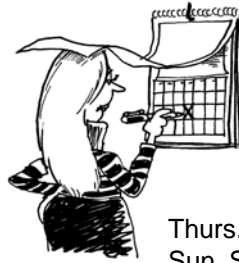
For further information please contact either:

Kimberly Hall at 519-395-4452, halls@tnt21.com

OR

Rosalind Brooks at 519-935-2094, jobr@sympatico.ca

We look forward to talking to you on Thursday September 27th, 2007 at the Chesley Hospital.



DATES TO MARK ON YOUR CALENDAR

Thurs. Sept. 6
Sun. Sept. 16
Wed. Sept. 19
Mon. Sept. 24

Thurs. Sept. 27
Fri. Sept. 28
Fri. Sept. 28

School Photos
Terry Fox Run
Gr. 9 Appreciation
Professional Development Day
Welcome Back Mass
School Dance
Terry Fox School Run



Tobacco Free Environment

Sacred Heart High School is a smoke free environment and smoking is prohibited on all school property.

Tobacco Free Environment

The Tobacco Control Act has been renamed to the Smoke Free Ontario Act. The Smoke Free Ontario Act will continue to reduce the number of children and teens who start smoking and protect Ontarians from second-hand smoke. The Smoke Free Ontario Act states that it is illegal for anyone to sell, buy for, or give cigarettes to anyone under the age of 19. If you are caught supplying you will be charged and the fine is **\$365.00!** It is also against the law to smoke anywhere on school property and could cost you **\$305.00!** To report someone supplying tobacco to anyone under 19 years old, call the Grey Bruce Health Unit at 1-800-263-3456.

a) Students caught smoking on school property by school staff for the first time, will receive a warning letter.

b) A second infraction will result in the school notifying the Tobacco Control Act Officer of the infraction.

The Tobacco Control Act Officer will issue a fine.

Find out what all the Racket is about?



Starting in October, **BADMINTON CLUB** will be every Wednesday night in the gym from 7:00 - 9:00 pm. All are welcome, bring your racket!

18 Year Olds

Students who are 18 or older may provide consent so that information can continue to be shared with their parents/guardian.

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School Photo Day

Picture Day at SHHS is scheduled for

Thursday, September 6, 2007

Gerard McNaughton Photography has been contracted again this year to do our photography work.

Gerard McNaughton Photography will be provided with classlists (student full names and grade) which will be used to prepare individual and class photos as well as photo records for our school office. They will return all information to us when the photography sessions are completed. If you do not wish your child's information to be shared, please send a written note to the office immediately. Please be aware that if you choose not to have your child's information shared, Gerard McNaughton Photography will not be permitted to photograph your child.

Procedure:

If you are away on Thursday there will be a retake day.

Bring your order form and money with you when you are called to the library.

Make all cheques payable to **Sacred Heart High School**. No post-dated cheques please.

Grad Photos will be taken at a later date.

Yearbooks:

Yearbooks are \$40.00 each. The deadline for ordering yearbooks is October 26, 2007.

Student Fees:

A \$20.00 student fee will be collected on this day as well. Collecting student fees enables the Student Council to run events and assemblies throughout the school year. It also means we do NOT have to fundraise. This year as a bonus with the student fees, SAC will be including a free Student Price Card (SPC card) - an \$8.00 value. There is also a student card and a free gift with each payment. Throughout the year discounts will be given to those who have paid their student fees. For example, the entry price for a dance will be half price for those with student cards. Some retailers in the school community will also offer discounts in their stores and businesses when your student card is shown. A complete listing of those discounts will be made available.

Family Plan:

If there are three or more members in your family attending Sacred Heart High School, you are entitled to participate in the family plan.

When purchasing photo packages, if the first two purchase the same package, then the remaining family members will receive the same package each for free. The student fees are \$20.00 each or \$50.00 for a family.

There is no family plan for the purchase of yearbooks.

If you are sending one cheque for the entire family, please send it and all forms with the oldest.

27th ANNUAL TERRY FOX RUN

Friday, September 28th is Sacred Heart's annual Terry Fox School Run. Students will be joining some seven million students across the country to help keep Terry's Dream alive. The walk will take place during period 2, prior to lunch.

Students need a minimum \$10 in pledges to participate. Encourage students to participate and raise money for Cancer Research. Pledge sheets will be given out in homeroom classes and will be available in the main office.



DRIVER EDUCATION



Driver Training is offered this fall at Sacred Heart High School (subject to sufficient numbers). Please listen to morning announcements for more information or contact Mrs. MacDonald in the office.

Report Absence via Email

Currently, parents can report the absence of their child by sending a note, calling in, or leaving a message on the answering machine. We have added email to this list.

You can send us a message about your child's absence by emailing us at:

shhs_attendance@bgcdsb.org



Receive our Newsletter via Email

If your email address has changed and/or you wish to have your newsletter emailed to you please send an email to Cathy Kelly and we will put you on our list. Her email address is: cathy_kelly@bgcdsb.org

SCHOOL COUNCIL MEETING

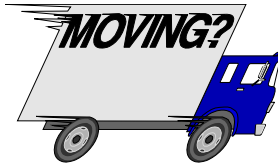
Our next School Council Meeting is scheduled for Wednesday, Sept. 20th, 2007, 7:00 p.m. in our school library.

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Planning on moving? Moved recently?

If so, please pay attention to the following:
When you move, your Catholic school support does not follow you. As soon as any change is made to your address, your school support designation reverts to Public. Unless you update this information, you will not be able to take part in Catholic trustee elections and your child's eligibility to attend a Catholic school may be affected.



To make a change/correction:
First, contact the school of your new address with the date of your move. This will verify your new address is located within the school's boundaries, and update your child's student record.

Next, complete and sign the school support form which redirects your school support back to Separate. For further assistance, contact your school.

Your continued support is greatly appreciated!

Video Surveillance for SHHS

"The use of video surveillance will be in effect. The personal information is collected under the authority of the Education Act S. 170 and will be used to reduce/prevent property vandalism, theft and violence and to ensure the safety of students. Questions about this collection should be directed to:

FIPPA Coordinator, Bruce Grey Catholic District School Board, Catholic Education Centre, 779-16th Avenue, Hanover, Ontario, N4N 3A1 519-364-5820.

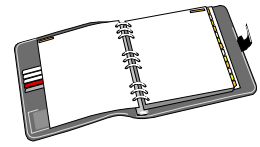
Keeping our School Clean



Please do your part to help keep our school looking great. Remember to clean up after yourself. Garbage cans are available throughout the school. If you make a mess, clean it up! If you see a mess left by someone else, please help out and clean it up!

STUDENT HANDBOOK

All students have received a Student Handbook. All students and parents are encouraged to familiarize themselves with its contents. These handbooks contain agenda calendar pages—please use them to keep yourself organized. If you did not receive a Handbook, please pick one up in the main office.



SCHOOL DANCE

Our first school dance of the year will be held on Friday Sept. 28th from 7:30 to 11:00 p.m. The cost per ticket is \$10.00 or \$5.00 with a student card. Hope to see you there.



PLEASE CALL

If you know that your son or daughter will be away from school, PLEASE CALL and let us know. It saves our office staff a lot of time, and allows us to stay on top of attendance issues before they become major problems. Messages can be left 24-hours a day at 519-881-1900.



GET INVOLVED

Students are encouraged to get involved positively in their school life. Many co-curricular are being offered this fall. Students are encouraged to listen to announcements each day for upcoming opportunities. Get involved!

Fall Co-curricular activities:

- Drama
- School Band
- Robotics
- Youth for Life
- OSAID
- Reach
- Multi-media
- Student Council Activities
- Blood Donor
- SH TV
- Girls' Rugby
- Boys' Rugby
- Girls' Basketball
- Boys' Volleyball
- Boys' Soccer
- Girls' Soccer
- Yearbook
- Badminton Club
- Cross-Country Running

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Alternate Busing

In keeping with board policy regarding alternate busing, students are reminded that they are not able to ride a bus different than the one to which they are assigned for reasons such as going to their job, visiting a friend, dental appointment etc. Permission to ride a different bus is only given by the board in the case of different places of residence of parent/guardians. If alternate busing arrangements are needed for such a reason, an application form available from the school must be completed and returned to the board office for approval.

Video Surveillance for Buses

“The use of video surveillance may be in effect. The personal information is collected under the authority of the Education Act S. 170 and will be used to reduce/prevent property vandalism, theft and violence and to ensure the safety of students.

Questions about this collection should be directed to:

FIPPA Coordinator, Bruce Grey Catholic District School Board, Catholic Education Centre, 779-16th Avenue, Hanover, Ontario, N4N 3A1 519-364-5820.

Lockers - Valuables

Each student has been given a copy of the school’s handbook (Agenda). Included in this is information about lockers. It is important that students realize that the lockers are the property of the school and as such can be searched as required.



Valuables, such as IPODs and MP3 players, should be left at home and not carried around or left in lockers.

Sign-In

All visitors to the school are reminded to report to the main office when you visit the school. You are asked to sign the sign-in book located on the front-desk in the main office. Your co-operation is appreciated.



Updated Information & Emergency Contacts



It is important that the school have current and accurate information for all students. We need accurate addresses, phone numbers, and medical information. Please return the Personal Information Sheet

distributed in homeroom to school as soon as possible (even if there are no changes). Also, if this information changes at any point during the school year, please contact the main office.

We need this information for contacting you in the event of an emergency and when mailing our reports.

Epi-Pens

It is very important that the staff of SHHS be aware of all students with life-threatening allergies.



Each year the school develops an anaphylactic plan to ensure that we know who carries an epi-pen and where the epi-pen is located in the event of an emergency. At the high school level students should carry their epi-pen with them at all times. It is also recommended that a spare emergency epi-pen be given to the main office. If you are a student who carries an epi-pen(or have any other serious medical condition) please see Mr. Casey or Mrs. Fischer to ensure that we have the information required to assist you in the event of an emergency.

Parking on School Property

Student parking is located in the north parking lot. Students are not permitted to park in the south parking lot, along the front of the school or in front of the gymnasium. Students parked in the staff parking area can expect to have their vehicles towed at their own expense. Students and staff parked in no parking zones can also expect to have their vehicle towed at their own expense.

SHHS Student Dress Code Policy

It is the endeavor of Sacred Heart High School to outline reasonable standard of dress which will mark our school as a special place. As a Catholic educational institution, Sacred Heart reflects a distinctive atmosphere within the community at large. Education is a professional activity. The way students dress needs to portray this distinction. Appropriate dress and grooming are the responsibility of the student, and where appropriate, the parents of the student.

The clothing worn is to be neat, appropriate, clean, presentable, and modest.

1. All tops must have sleeves that completely cover both shoulders.
2. All necklines must be appropriate and modest.
3. All undergarments must be covered at all times.
4. Tops must overlap the bottoms whether you are standing or sitting. Visible midriffs or bare backs are not permitted.
5. Pajama pants are not permitted.
6. Blue denim clothing is permitted.
7. Clothing must not be tattered, ripped or frayed.
8. All shorts and skirts must be no shorter than one hand width above the knee.
9. Clothing must not promote or make reference to drugs, alcohol, sexuality, or other inappropriate behaviors.
10. Clothing must not have pictures or writing that can be interpreted with a negative or double message.
11. Military or camouflage clothing is not permitted.

It is expected that students will accept the responsibility for dressing and conducting themselves in a manner consistent with a Catholic Secondary School. The dress code is also in effect during examinations and for any off-site trip or excursion.

Notwithstanding the above, the suitability of student dress rests with school administration.

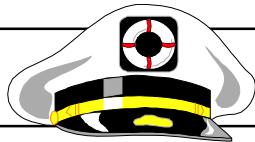
Students who are considered to be violating the above policy will be instructed to change into more suitable attire.

1. Teachers who notice that students are not in compliance with the dress code policy are to send the student to change. The teacher will contact the office to let the vice-principal or principal know so a record of the incident is maintained.
2. If the student claims to have no appropriate attire available, the teacher is to send the student to the office to see the vice-principal or principal. The administrator will maintain a record of the incident and use the appropriate documentation for following up which may include:
 - a. discussion with the student
 - b. contact with parents

Habitual neglect of the dress code may result in a suspension from school.

It is trusted that this dress code policy will be carried out in the spirit that is intended. Staff and students will work together in implementing these guidelines. A final decision, if necessary, will rest with the principal or vice-principal.

Hats



Hats are to be removed upon entry to the school. Hats should be stored in the student's locker or in their book bag during the school day. Hats are permitted to be worn at the end of the school day, on the way out of the building.

Any student who is observed wearing a hat in the building will be asked to give the hat to the staff member. It is expected that the student will cooperate. The staff member will deliver the hat to the office and report the name of the student.

First offense - the student will be able to get the hat back at the end of the day.

Second offense - the hat will be returned at the end of the semester.

The administrator will maintain a record of the incident and use the appropriate documentation for following up which may include

- a. discussion with the student
- b. contact with parents

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Revised 09/24/06

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CAFETERIA PRICES

CHARTWELLS SCHOOL DINING
SACRED HEART HIGH SCHOOL 2007-2008

Daily Nutrition Special: ie Soup, Sandwich or 1/2 Wrap, with 250ml White /Choc Milk \$3.35

OR

Sandwich on Whole Grain or Whole Wrap with Veggies with
250ml White /Choc Milk \$3.35

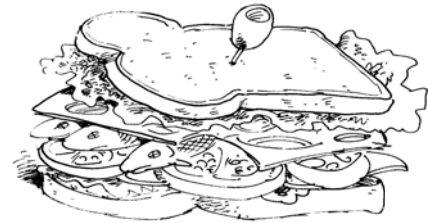
OR

Hot Meal – ie Pasta and Salad with 250 ml White/Choc Milk \$3.70

Gourmet Soup Selection: 8oz Bowl (with crackers) \$1.85 OR 12oz Bowl (with crackers) \$2.35

Cold Sandwiches & Wraps:

Chopped Egg Salad Sandwich \$1.40
Tuna or Chicken Salad Sandwich \$1.55
Beef, Ham or Turkey Sandwich \$1.65



Specialty "On The Go" Sandwiches \$3.00 - \$3.75
(Sandwiches on specialty breads/buns)

Salads:

Small Black Based Garden Salad, Caesar Salad, Pasta Salad \$2.20 Cheddar Toss \$2.25
Selection of Premium Salads \$3.25 - \$3.75

Breakfast Items:

Bagel with 2 Cream Cheese portions \$1.85
Sunrise Sandwich \$2.25
(English Muffin w/Egg, Cheese, Bacon or Ham) \$2.25
Toasted B.L.T Sandwich \$2.25
Sunrise Sandwich \$2.35
English Muffin w/Egg, Cheese, Sausage \$2.35

Short Order/Hot Food:

Hamburger \$1.90 Pizza Slice \$2.85 Fries – Small \$1.75
Cheeseburger \$2.10 Garlic Fingers \$3.00
Chicken Burger \$2.85 Panzarotti \$3.50

Luncheon Combos:

Add one side selection - Salad, Soup or Fries to Daily Featured Hot Food Menu Item \$1.25

Baked Goods:

Jumbo Muffins \$1.00 Donuts .95¢ Rice Krispie Sq \$1.10
Choc Chip Cookies .45¢ Turnovers \$1.10 Cinnamon Buns \$1.50
Big Belly Cookies \$1.75 Parfaits - Fresh Fruit/Pudding \$2.00 - \$2.25

Beverages:

1%, 2% 250ml Milk .90¢ 500ml Bottled Water \$1.35 Coffee 8oz \$1.20
Choc Drink 250ml \$1.00 473 ml Dole Juice \$2.00 Coffee 12oz \$1.45
Canned Pop \$1.25 Hot Choc .85

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